



**SAINT FABIAN**  
CATHOLIC CHURCH



## GUIDE TO PRAYING THE HOLY ROSARY

### MYSTERIES OF THE ROSARY

#### Joyful Mysteries

*Traditional Prayer Days: Mondays & Saturdays*

First Mystery	The Annunciation of Gabriel to Mary (Luke 126-38)
Second Mystery	The Visitation of Mary to Elizabeth (Luke 139-56)
Third Mystery	The Birth of Our Lord (Luke 21-21)
Fourth Mystery	The Presentation of Our Lord (Luke 222-38)
Fifth Mystery	The Finding of Our Lord in the Temple (Luke 241-52)

#### Luminous Mysteries

*Traditional Prayer Days: Thursdays*

First Mystery	The Baptism of Our Lord in the River Jordan (Matthew 313-16)
Second Mystery	The Wedding at Cana, when Christ manifested Himself (Jn 21-11)
Third Mystery	The Proclamation of the Kingdom of God (Mark 114-15)
Fourth Mystery	The Transfiguration of Our Lord (Matthew 171-8)
Fifth Mystery	The Last Supper, when Our Lord gave us the Holy Eucharist (Mt 26)

#### Sorrowful Mysteries

*Traditional Prayer Days: Tuesdays & Fridays*

First Mystery	The Agony of Our Lord in the Garden (Matthew 2636-56)
Second Mystery	Our Lord is Scourged at the Pillar (Matthew 2726)
Third Mystery	Our Lord is Crowned with Thorns (Matthew 2727-31)
Fourth Mystery	Our Lord Carries the Cross to Calvary (Matthew 2732)
Fifth Mystery	The Crucifixion of Our Lord (Matthew 2733-56)

#### Glorious Mysteries

*Traditional Prayer Days: Wednesdays & Sundays*

First Mystery	The Glorious Resurrection of Our Lord (John 201-29)
Second Mystery	The Ascension of Our Lord (Luke 2436-53)
Third Mystery	The Descent of the Holy Spirit at Pentecost (Acts 21-41)
Fourth Mystery	The Assumption of Mary into Heaven
Fifth Mystery	The Coronation of Mary as Queen of Heaven and Earth

## REFERENCE PRAYERS

### APOSTLES CREED

**I BELIEVE IN GOD**, the Father almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died, and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### OUR FATHER

**Our Father** Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

### HAIL MARY

**Hail Mary**, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

### GLORY BE

**Glory Be** to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

### FATIMA PRAYER

**O my Jesus**, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

*Begin praying the Holy Rosary*

1. In the name of the Father, the Son and the Holy Spirit. Amen
2. Apostle's Creed
3. Our Father
4. Hail Mary (recite three times)
5. Glory Be
6. Fatima Prayer

**ANNOUNCE** the first mystery by saying something like, "The first joyful mystery, The Annunciation of Gabriel to Mary" followed by:

1. Our Father
2. Hail Mary (recite 10 times)
3. Glory Be
4. Fatima Prayer (also called Oh My Jesus)

**Announce Second Mystery** followed by:

1. Our Father
2. Hail Mary (recite 10 times)
3. Glory Be
4. Fatima Prayer

**Announce Third Mystery** followed by:

1. Our Father
2. Hail Mary (recite 10 times)
3. Glory Be
4. Fatima Prayer

**Announce Fourth Mystery** followed by:

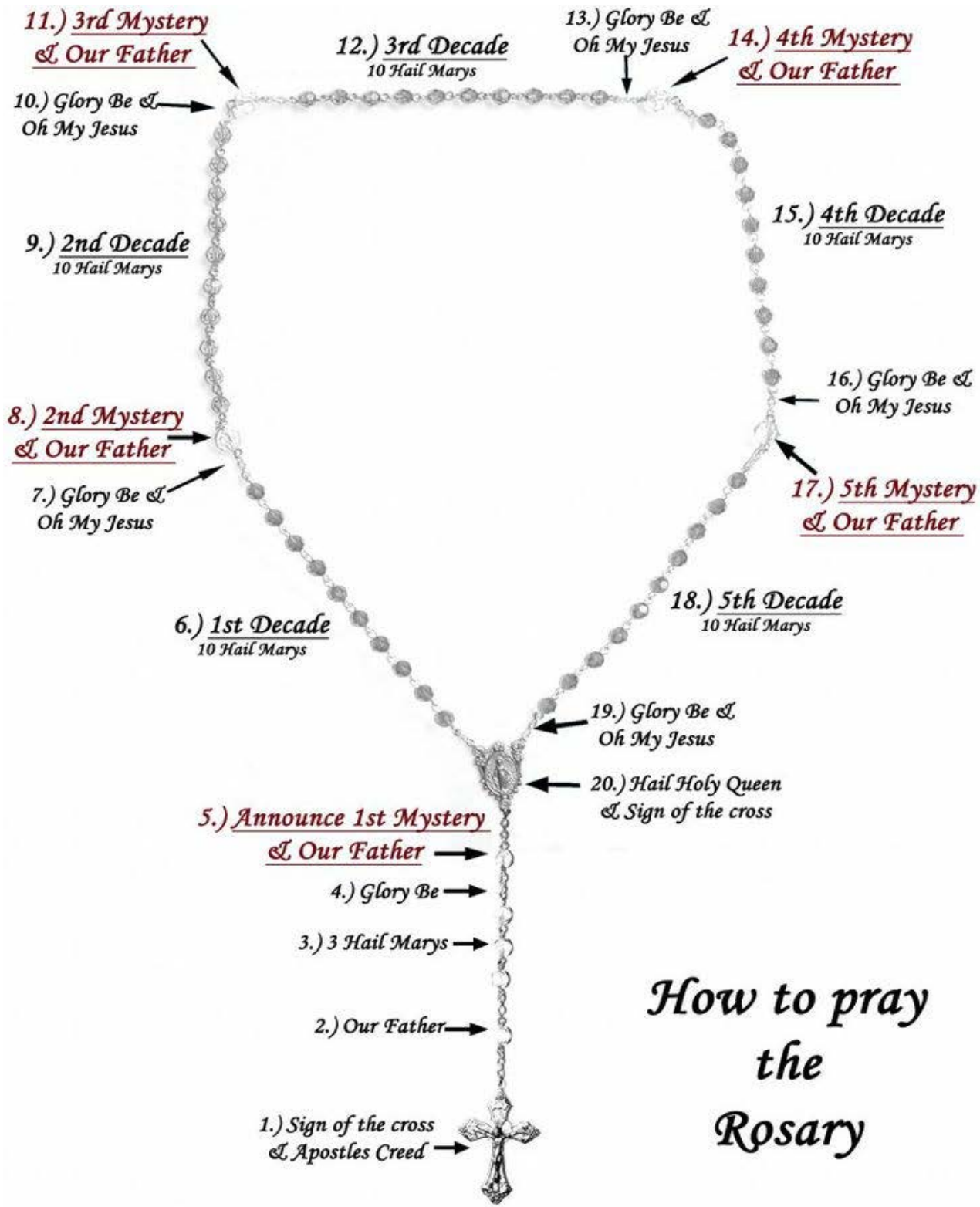
1. Our Father
2. Hail Mary (recite 10 times)
3. Glory Be
4. Fatima Prayer

**Announce Fifth Mystery** followed by:

1. Our Father
2. Hail Mary (recite 10 times)
3. Glory Be
4. Fatima Prayer

*Conclude by reciting the following prayers:*

1. **Hail Holy Queen**, mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.
2. O GOD, WHOSE only-begotten Son by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that by meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.



# How to pray the Rosary